



Twinkle Toes Lungwort - New For 2026!

Pulmonaria 'Twinkle Toes'

Height: 14 inches

Spread: 18 inches

Spacing: 15 inches

Sunlight: ● ●

Hardiness Zone: 3

Other Names: Lords And Ladies, Bethlehem Sage

Description:

This impressive variety produces flowers in mid-spring that emerge pink and mature to sky-blue, over silver spotted green leaves; perfect in the garden, massed along border fronts or in containers

Ornamental Features

Twinkle Toes Lungwort features delicate clusters of sky blue bell-shaped flowers at the ends of the stems in late spring, which emerge from distinctive rose flower buds. Its attractive pointy leaves remain dark green in color with distinctive silver spots throughout the season.

Landscape Attributes

Twinkle Toes Lungwort is an herbaceous perennial with a mounded form. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This is a relatively low maintenance plant, and should be cut back in late fall in preparation for winter. Deer don't particularly care for this plant and will usually leave it alone in favor of tastier treats. It has no significant negative characteristics.

Twinkle Toes Lungwort is recommended for the following landscape applications;



Twinkle Toes Lungwort in bloom
Photo courtesy of NetPS Plant Finder



Twinkle Toes Lungwort foliage
Photo courtesy of NetPS Plant Finder

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Planting & Growing

Twinkle Toes Lungwort will grow to be about 12 inches tall at maturity, with a spread of 18 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 15 inches apart. Its foliage tends to remain dense right to the ground, not requiring facer plants in front. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 10 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in partial shade to shade. It prefers to grow in average to moist conditions, and shouldn't be allowed to dry out. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. This particular variety is an interspecific hybrid. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Twinkle Toes Lungwort is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers and foliage against which the thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.



Twinkle Toes Lungwort
Photo courtesy of NetPS Plant Finder